

ALWAYS AVAILABLE

BREAKFAST

CEREALS

RICE KRISPIES®

APPLE CINNAMON CREAM
OF WHEAT | GRITS

BAKERY

BLUEBERRY MUFFIN

FRUIT

PEACHES | PEARS
APPLESAUCE WITH CINNAMON

GRILL

FRENCH TOAST | PANCAKES
SCRAMBLED EGGS | TURKEY SAUSAGE
VEGGIE SAUSAGE

LUNCH & DINNER

SOUP

CHICKEN NOODLE
BEEF BROTH | CHICKEN BROTH

SALAD

CHICKEN CAESAR

SANDWICH

½ CLASSIC CHICKEN SALAD
½ CLASSIC TUNA SALAD

GRILL

DELUXE HAMBURGER
GRILLED CHICKEN SANDWICH

DESSERT

SUGAR COOKIE
VANILLA ICE CREAM
VANILLA PUDDING
VANILLA WAFERS

BEVERAGES

FRESH BREWED
COFFEE

FRESH BREWED
DECAF COFFEE

SKIM MILK

JUICE
APPLE
CRANBERRY

MENU

RENAL

HOURS

Contact your
patient dining associate
between 7:00am until 6:00pm.

TO PLACE YOUR ORDER

A patient dining associate will visit/
call you before your meals to take
your order.

Scan the QR code below to view a
copy of our weekly menu.



MAURY REGIONAL
HEALTH



YOUR DOCTOR HAS ORDERED A **RENAL DIET** FOR YOU.

At Morrison Healthcare all of our dishes start with flavor first. Our chefs have masterfully crafted dishes that start with fresh local ingredients and are flavored with a variety fresh herb, citrus and better for you spice blends. Your diet, like your medication, is an important part of your treatment and may speed your recovery process.

A renal diet, also known as a kidney diet, is a specialized eating plan designed to help manage kidney disease and support kidney function. Goals of the renal diet include managing fluid, controlling electrolytes (sodium, potassium, and phosphorus), and adjusting protein intake.

DAILY SPECIALS

SUNDAY

BREAKFAST

CLASSIC AMERICAN
BREAKFAST
SCRAMBLED EGG,
BAGEL WITH CREAM CHEESE

LUNCH

CHICKEN POT PIE
SAUTÉED ZUCCHINI

DINNER

SAVORY MEATLOAF
BUTTERED ROTINI NOODLES,
GARLIC AND HERB BROCCOLI

MONDAY

BREAKFAST

EGGS & TOAST
SCRAMBLED EGG,
ENGLISH MUFFIN WITH JELLY

LUNCH

TEXAS-STYLE
BEEF
BRAISED BEEF,
BALSAMIC ONIONS,
CHEESE GRITS, BROCCOLI

DINNER

SMOTHERED PORK
CHOP
PORK CHOP,
MUSHROOM GRAVY,
MUSHROOM RICE PILAF,
LEMON PEPPER CARROTS

TUESDAY

BREAKFAST

CLASSIC AMERICAN
BREAKFAST
SCRAMBLED EGG,
BAGEL WITH CREAM CHEESE

LUNCH

SMOKEHOUSE
BBQ PORK
PULLED PORK, BROCCOLI &
RICE CASSEROLE,
RED CABBAGE SLAW,
HONEY KISSED CORNBREAD

DINNER

CAJUN CHICKEN
PASTA (NO SAUSAGE)
BLACKENED CHICKEN, ROTINI,
PEPPERS & ONIONS,
WHITE WINE CREAM SAUCE,
MUSHROOMS

WEDNESDAY

BREAKFAST

NITTY GRITTY BOWL
CHEESE GRITS, CHEDDAR,
SCRAMBLED EGG,
SCALLIONS

LUNCH

SOUTHWEST CHICKEN
THIGH
CHICKEN, ROTINI, BROCCOLI

DINNER

BEEF BURGUNDY
BRAISED BEEF, HERB CITRUS
CRUNCH, ROSEMARY POLENTA,
CARAMELIZED CARROTS &
PEARL ONIONS

THURSDAY

BREAKFAST

CLASSIC AMERICAN
BREAKFAST
SCRAMBLED EGG,
BAGEL WITH CREAM CHEESE

LUNCH

ROASTED PORK
ROASTED PORK, DEMI GLACE,
AU GRATIN POTATOES, LEMON
PEPPER CARROTS

DINNER

SLOW ROASTED
TURKEY
ROASTED TURKEY, GRAVY,
MUSHROOM RICE PILAF,
HERB GREEN BEANS

FRIDAY

BREAKFAST

FRENCH TOAST
BREAD PUDDING
BAKED CINNAMON SPICED
BRIOCHE, SCRAMBLED EGG

LUNCH

SOUTHWEST CHICKEN
CHEESE GRITS, FRESH
STEAMED CARROTS

DINNER

CAJUN GRILLED
CHICKEN BREAST
BUTTERED ROTINI NOODLES,
ITALIAN SAUTÉED ZUCCHINI

SATURDAY

BREAKFAST

SCRAMBLED EGGS
ENGLISH MUFFIN WITH JELLY,
APPLE CINNAMON CREAM OF
WHEAT

LUNCH

ROTISSERIE
CHICKEN
ROASTED CHICKEN,
CHEESE GRITS,
GREEN BEANS

DINNER

SOUTHWESTERN
CARNITAS BOWL
SHREDDED PORK,
CILANTRO LIME RICE,
LEMON PEPPER CARROTS